[Article Title]
Author, Journal Name, Volume ___, Issue ___, Date

[Level of Evidence: ___]

- **Level 1** – Highest quality evidence; randomized controlled trial (RCT) or prospective studies. Includes systematic reviews of level 1 RCTs
- **Level 2** – Lesser quality RCTs. Includes systematic reviews of level 1 or 2 RCTs with inconsistent results
- **Level 3** – Case control studies. Includes systematic reviews of level 3 RCTs
- **Level 4** – Case series or case control studies with no sensitivity analysis
- **Level 5** – Lowest quality evidence; expert opinions/consensus statements

[Review Text]
The goal of these reviews is to focus on the pertinent clinical information, allowing readers to grasp the main educational objectives of the article without bearing down on the minutiae. There are no restrictions regarding journal selection, so long as the article pertains to lower extremity medicine / surgery. It is preferred that you select an article that has been published relatively recently.

Although you may certainly outline the review with “Introduction / Methods / Results / Conclusion”, it would be preferred to keep it in paragraph format to allow the information to flow together (if you prefer to keep it formatted differently, no worries! We can reformat it for you, if needed).

**If you have any questions or are ready for submission, please email Michael Casteel, DPM at mikecasteeldpm@gmail.com**